

عيادة النخلة للأمومة والطفولة Al-Nakhla Maternity Centre

"Empowering Muslim Mothers: Our Community, Our Journey"



Al-Nakhla Maternity Centre

Bringing Dignified Private Birth and Personalised
Care Within Reach for Every Muslim Mother while
upholding Islamic values

CONTACTS:

AFZAL VAWDA: 072 298 9768

UMM ABDURRAHMAN: 082 486 7685



INTRODUCTION



Welcome to the Muslim Maternity Centre!

At the Islamic Maternity Centre, we are embarking on a mission to establish a supportive and comfortable environment for Muslim mothers during their birthing journey. We understand the challenges faced by Muslim mothers in accessing quality maternity care that respects their Islamic values and provides a sense of privacy and dignity.

Our Reasons for Establishment:

Upholding Islamic Values: Our mission is to establish a safe haven that upholds and respects Islamic principles regarding childbirth. We strive to provide Muslim mothers with an Islamic birthing environment, unlike other facilities where male doctors may witness them without proper clothing and where music is played during childbirth.

Inadequate Government Facilities: We recognize the shortcomings of existing government facilities in terms of cleanliness, long queues, impersonal care, and compromised privacy. We believe every Muslim mother deserves better.

Empowering Mothers: Our goal is to empower Muslim mothers by providing them with personalized care and the freedom to make informed choices about their birthing process. We believe in supporting their autonomy and giving them a voice in their own healthcare decisions.

Affordable Access for Every Muslim Mother: In addition to upholding Islamic values, we are committed to making our services accessible to every Muslim mother, regardless of their financial circumstances. Understanding the financial challenges many families face, we offer subsidized births of up to 100% for those who cannot afford it. Our aim is to ensure that no deserving Muslim mother is deprived of the care and support she deserves during this pivotal moment in her life.

VISION AND MISSION

Our Vision:

To establish a private facility that offers personalized care and an Islamic birthing experience, where every Muslim mother feels valued, respected, and supported.

Our Mission:

Provide a Comfortable and Islamic Environment: Our future centre will be thoughtfully designed to create a serene and welcoming space, catering specifically to the needs and preferences of Muslim mothers.

Respectful and Personalized Care: Experienced midwives will be committed to providing individualized care. We believe in fostering a strong bond of trust and understanding with every mother, ensuring she feels supported and empowered throughout her pregnancy and childbirth.

Accessible and Inclusive: We are determined to make quality maternity care accessible to all Muslim mothers, regardless of their financial circumstances. Through our subsidy program, we will offer free births for those who cannot afford it, while providing flexible payment plans for those who can contribute according to their affordability

FEES AND SUBSIDIES



Ensuring Accessible and Compassionate Maternity Care for All

At Al-Nakhla Maternity Centre, our mission is to provide exceptional maternity care that is accessible to all mothers, regardless of their financial circumstances. We understand the importance of ensuring that every woman receives the care and support she needs during this sacred journey of motherhood. That is why we have developed a transparent fee schedule and a comprehensive subsidy program, aimed at making our services affordable and available to everyone.

Fee Schedule:

The standard fee for a natural birth at Al-Nakhla Maternity Centre is R15,000. This fee covers a range of services, including prenatal visits, birth training, postnatal care, breastfeeding support, and access to our dedicated WhatsApp group for ongoing guidance and assistance. We strive to maintain a transparent and affordable pricing structure, allowing families to plan and budget effectively for their birthing experience.

Subsidy Program:

We recognize that financial constraints can sometimes pose a challenge for families seeking quality maternity care. That is why we have implemented a subsidy program to ensure that no one is denied the opportunity to receive the care they deserve.

How Does the Subsidy Program Work?

Confidential Assessment: We conduct a confidential assessment of each applicant's financial situation, taking into account factors such as income, expenses, and extenuating circumstances. This assessment is conducted in a compassionate and non-judgmental

manner to determine the level of subsidy required.

Flexible Subsidy Options: Our subsidy program offers flexible options based on the assessed need of the client. We provide full subsidies for those who demonstrate the greatest financial need, ensuring that no one is turned away due to an inability to pay. Additionally, partial subsidies are available for individuals who may require some financial assistance but can contribute a portion of the fee.

Privacy and Dignity: We understand the importance of maintaining privacy and confidentiality for our clients. Rest assured that all subsidy arrangements are kept confidential, even from our specialist midwife. Your personal financial information will be handled with the utmost respect and discretion.

Our Commitment to Accessibility:

At Al-Nakhla Maternity Centre, we firmly believe that every mother deserves access to compassionate and comprehensive care, irrespective of her financial circumstances. Our subsidy program reflects our commitment to breaking down financial barriers, allowing all mothers to benefit from our expertise and support.

We encourage anyone to reach out to us. We will work closely with you to explore the subsidy options available and find a solution that ensures you can receive the care you need without any added financial burden. At Al-Nakhla Maternity Centre, we are here to support you on your journey of motherhood, providing affordable, high-quality care that nurtures both body and spirit.

Please don't hesitate to contact us for further information or to discuss your specific needs. We are honored to be a part of your birthing experience and look forward to accompanying you on this remarkable journey.

MIDWIFE TRAINING



Empowering Midwives: Free Midwifery Training Program

At Al-Nakhla Maternity Centre, we are dedicated not only to providing exceptional care to our clients but also to nurturing the next generation of midwives. We believe in the power of knowledge sharing and are thrilled to introduce our Free Midwifery Training Program led by our esteemed specialist midwife.

Program Details:

Our Free Midwifery Training Program is designed to offer aspiring midwives a valuable opportunity to enhance their skills and knowledge in the field of maternity care. Led by our specialist midwife, who brings a wealth of experience and expertise, the program consists of a 4-hour session held every second week.

Training Objectives:

Comprehensive Midwifery Education: Through engaging and interactive sessions, participants will gain a deep understanding of the principles and practices of midwifery care. The training will cover topics such as prenatal care, labor and delivery, postnatal care, breastfeeding support, and handling obstetric emergencies.

Evidence-Based Practices: Our program is rooted in evidence-based practices, ensuring that participants receive the most up-to-date information and skills required to provide safe and effective care to expectant mothers. We believe in equipping midwives with the knowledge to make informed decisions and

promote positive birth experiences.

Hands-on Experience: The training program combines theoretical knowledge with practical skills development. Participants will have the opportunity to practice essential midwifery techniques under the guidance of our specialist midwife, fostering confidence and competence in providing care during the various stages of pregnancy, birth, and postpartum.

Holistic Approach: We emphasize a holistic approach to midwifery care, recognizing the importance of addressing the physical, emotional, and spiritual well-being of both the mother and baby. Participants will learn how to create a nurturing and supportive environment for mothers, encouraging their active involvement in decision-making and empowering them throughout their birthing journey.

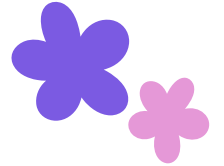
Professional Growth and Support: Our Free Midwifery Training Program not only equips participants with valuable knowledge and skills but also offers a platform for professional growth and networking. It provides an opportunity to connect with like-minded individuals passionate about improving maternity care and encourages ongoing collaboration and support within the midwifery community.

To learn more about our Free Midwifery Training Program or to register your interest, please contact us. We look forward to welcoming you to our passionate community of midwives and embarking on this transformative journey together.

☎ 072 298 9768 (Afzal Vawda)
082 486 7685 (Umm Abdurrahman)

📍 240 Haworthia Drive,
Malabar, Gqeberha, 6020

عيادة النخلة
للأمومة والطفولة
Al-Nakhla Maternity Centre



Our comprehensive services include prenatal training, holistic support, and postnatal care, all delivered by a skilled and compassionate team of specialists. With a commitment to affordability, we offer a subsidy program for those in need. Join us in restoring natural birth, embracing collaboration among midwives, and creating a nurturing environment where every mother's needs are met.